



2025 UEC MTB DOWNHILL EUROPEAN CHAMPIONSHIPS

La Molina (ESP)

2 - 3 August 2025

TECHNICAL GUIDE

as of 23.5.2025



U E C O f f i c i a l S u p p l i e r s

INTRODUCTION

This document summarises the information needed about the participation at the 2025 UEC Mountain Bike Downhill European Championships.

Mainly intended for team managers, this document focuses the general and sporting aspects of the 2024 UEC Mountain Bike Downhill European Championships. If you have any questions concerning this document, please do not hesitate to contact the UEC.

1. ORGANISATION

1.1. LOCAL ORGANISING COMMITTEE (LOC)

Président	Balcells	Albert	albert@ocisport.net
Logstic	Miravalles	Marc	mmiravalles@ocisport.net
Marketing	Morros	Àlex	sponsorship@seaotttereurope.com
VIP - Hospitalité	TBC		
Accreditation	Domingo	Julia	jdomingo@ocisport.net
Media	Martín	Carles	cmartin@ocisport.net
Sport	Aznar	Angel	angelaz70@yahoo.es
Volunteers	Bagó	Núria	nuria@ocisport.net
Finance	Casellas	Eva	ecasellas@ocisport.net

Event website: www.dhla Molina.com

1.2. UEC REPRESENTATIVES

UEC Management Board

President

Vice President

Vice President

Vice President

Member

Member

Member

Enrico Della Casa (SUI/ITA)

Katarina Jakubova (SVK)

Raivo Rand (EST)

Georgios Georgiou (CYP)

Bernd Dankowski (GER)

Dafna Lang (ISR)

Sabrina Tsakona Twiss (GRE)



UEC Staff

UEC General Secretary

UEC Events Coordinator

UEC Technical Coordinator

UEC Technical Delegate

UEC Technical Collaborator

UEC Press Officer

UEC Videomaker

UEC Photographer

Alasdair MacLennan (GBR)

Tiziana Lardieri (SUI)

Giorgio Baruffi (ITA)

Paolo Pesse (ITA)

Vladimiros Petsas (GRE)

Stefano Bertolotti (ITA)

Christian Bohm (ITA)

tbc

1.3. COMMITTEE OF HONOR EUROPEAN CHAMPIONSHIP LA MOLINA

TBC

1.4. COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires Panel (UCI) Bernard Fantinato (FRA)

Assistant PCP (REFC) tbc

Race secretary (REFC) tbc

Start Commissaire (REFC) tbc

Finish Commissaire (REFC) tbc

Commissaire (REFC) tbc

Speaker: Oriol Sallent

Timekeeper: Joel Segura

2. GENERAL INFORMATION

2.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from La Molina (Spain) must be covered by the National Federations and teams.

Airports

Barcelona-El Prat Airport (BCN) – Approx. 2.5 to 3 hours by car or train.

Girona-Costa Brava Airport (GRO) – Approx. 2 to 2.5 hours by car.

Toulouse-Blagnac Airport (TLS), France – Approx. 3 to 3.5 hours by car (via Andorra)

Once you land:

From Barcelona or Girona, you can rent a car or take public transport (train or bus) to La Molina.

From Toulouse, renting a car is the most convenient option.

Trains

From Barcelona:

Take the R3 Rodalies line from Barcelona Sants, Plaça Catalunya, or Arc de Triomf stations.

The train goes directly to La Molina station (*Estació de La Molina*).

Duration: Around 3 hours.

Once at the station, there are taxis and some accommodations offer shuttle services to La Molina (approx. 3 km).

You can check train schedules on the official Renfe website: www.renfe.com

Car

From Barcelona (approx. 2 hours 15 minutes – 160 km):

Take the C-16 highway (E-9) toward Manresa / Berga / Túnel del Cadí.

After crossing the Túnel del Cadí (toll road), continue to Alp.

Follow signs to La Molina.

From Girona (approx. 2 hours – 130 km):

Take the C-66 and then N-260 toward Olot / Ripoll / Puigcerdà.

Continue through Alp and follow signs to La Molina.

All participants must hold a valid passport or identity card. Visa obligations must be respected.

2.2. ACCOMMODATION

Hotel Supermolina

Located 2 minutes from La Molina ski resort and 2 km from RENFE. Ideal for rest and family days.

Hotel Solineu

Located at the foot of the slopes of the La Molina ski resort and the activities area, it offers a good view of the Cerdanya.

Guitart La Molina Aparthotel & Spa

Located at the foot of the slopes of La Molina resort, surrounded by forest and native vegetation of the high mountains of the Catalan Pyrenees.

Hotel HG La Molina

Located at the foot of the slopes of La Molina, with fantastic views of the Cerdanya valley and the ski resort.

For more information and accommodation/ services:

www.lamolina.cat/en/winter/services/accommodation

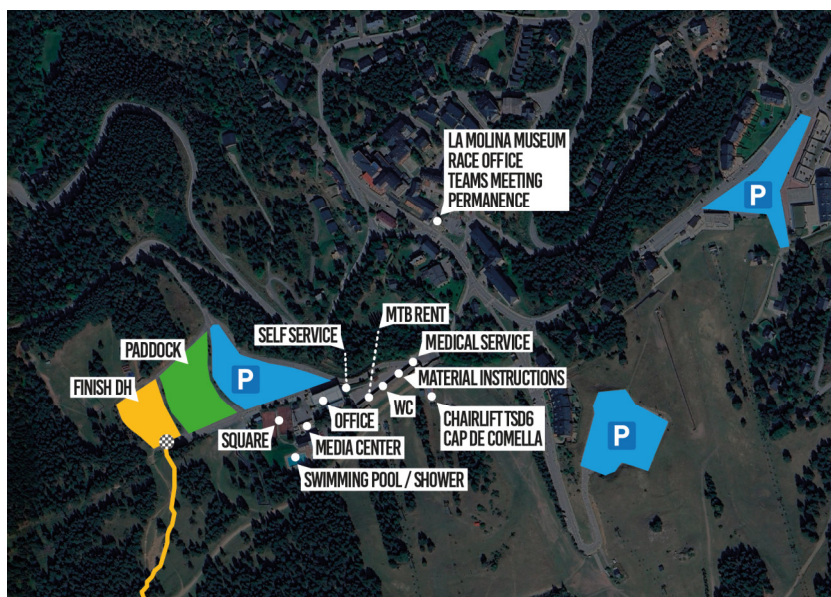
Commercial attention: +34 972 89 20 31

2.3. OFFICIAL ADDRESS OF THE COMPETITION VENUE

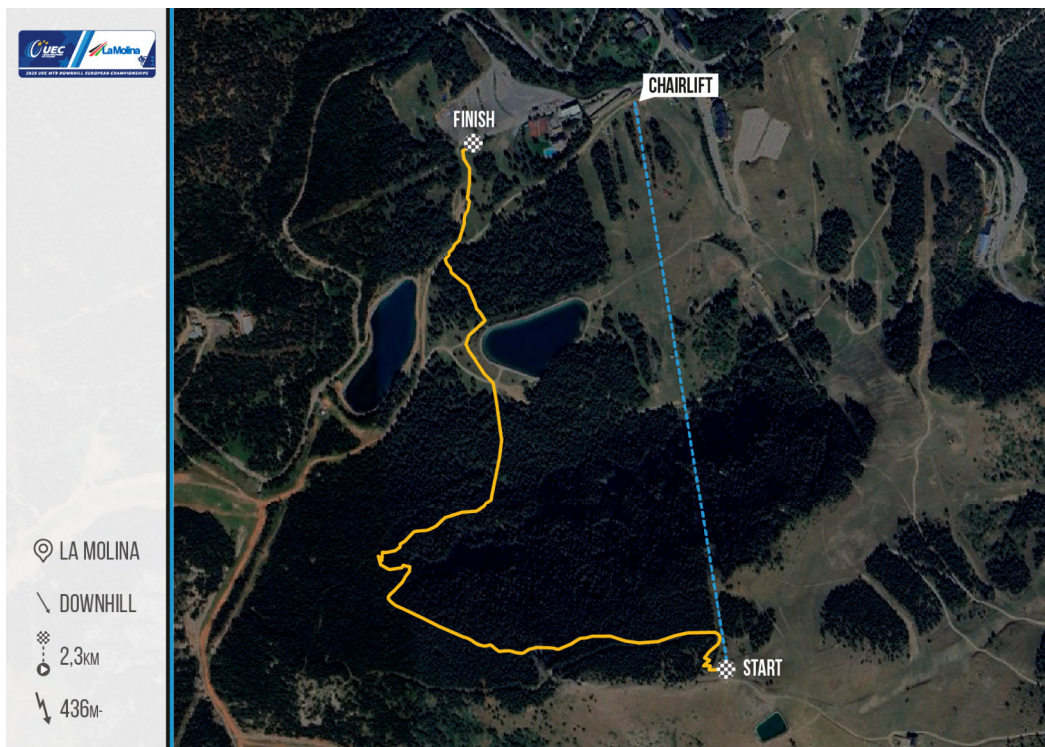
Telecabina Building, s/n
17537 La Molina (Girona)
Catalonia, Spain

Latitude: 42.3360° N

Longitude: 1.9340° E



2.4. COURSE MAP / VENUE



Distance: 2,3 KM
Negative elevation: 436 m
Alt. min/max : 1.658 m – 2.073 m

A circuit that combines natural areas and bike park zones, making for a very attractive descent that requires adequate physical and technical fitness for a European Championship-level competition.

2.5. MEDICAL – EMERGENCY - LOCAL AUTHORITIES

A medical team will be on site during official training sessions and competitions. The medical team will be based at the finish. Mountain Rescue equipment will be positioned at various points along the course during official trainings and competition days.

Official Race Doctor: TBC

The La Molina medical center

It is equipped with 4 emergency boxes, 1 suture box and 1 critical box. It also has a radiodiagnostic facility and a basic life support ambulance. If the patient is transferred, he will be transferred to Hospital de Cerdanya.

Nearest hospital

Hospital de Cerdanya (Hospital Transfronterer de Cerdanya)

Location: Plaça Santa Maria, 1, 17520 Puigcerdà

Distance: Approximately 15 km (about 20 minutes by car) from La Molina

Phone: +34 972 657 777

Salut i Esport – Alp

Location: Carrer Central, 29, Bajo, 17538 Alp

Distance: Approximately 7 km (about 10 minutes by car) from La Molina

GENERAL EMERGENCIES: 112

3. TEAM SERVICES

3.1. TEAMS / OFFICIALS ACCREDITATION

Please ensure that you collect your accreditation before arriving at the venue as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

Address:

Avinguda Supermolina 1,
17537 La Molina, Girona

3.2. ACCREDITATION OPENING HOURS

Wednesday, 30 July		14:00 - 18:00
Thursday, 31 July	08:30 - 12:00	14:00 - 17:00
Friday, 1 August	09:30 - 12:00	13:00 - 15:30
Saturday, 2 August	08:30 - 11:00	12:30 - 16:00
Sunday, 3 August	8:30 - 12:00	=====

Please be mindful that many of the event personnel you will encounter at the venue are volunteers so please treat them with courtesy, as without them the event would not be able to happen.

Remark: The accreditation pick-up for a rider cannot be considered as a confirmation of his participation. All National Federations - by an appointed Team Manager only - have to show up at the time of the riders' confirmation to ensure the participation of their riders.

3.3. TEAMS PARKING AREA



Finish area and paddocks

PADDOCK 1: REGIONAL DELEGATIONS TEAMS and UCI/R FEC TEAMS

PADDOCK 2: TEAMS

FINISH AREA: SERVICES AND SPONSORS

Book a Paddock in La Molina

For the paddock, reservations must be made through hola@ocisport.net before **July 15, 2025**.

For regional delegations and UCI/R FEC teams : free 6x5 spaces.

For teams: 6x5 spaces. Price per space is €50. Reservations must be made **before July 15, 2025**, through the <https://www.rockthesport.com/en/event/uec-mtb-downhill-european-championships-la-molina-2025> website

Includes: Paddocks with reservations will have electricity.

If you would like a custom-sized paddock, please contact hola@ocisport.net

3.4. PERMANENCE ORGANISATION

Location:AVINGUDA Supermolina, 1, 17537 La Molina, Girona

Opening hours:

Wednesday, 30 July	08:30 - 18:00
Thursday, 31 July	08:30 - 18:00
Friday, 1 August	08:30 - 18:00
Saturday, 2 August	08:30 - 18:00
Sunday, 3 August	08:30 - 18:00

For general query, accommodation, car parking, lost property, etc.

4. OFFICIAL MEETINGS

4.1. CONFIRMATION OF STARTERS / LICENSE CHECK

Location:AVINGUDA Supermolina, 1, 17537 La Molina, Girona

Thursday, 31 July	11:00 – 12:30 (RESERVED NATIONAL TEAMS) 14:00 - 17:30
Friday, 01 August	08:00 - 12:00 13:30 – 17:00

All National Federations have to show up at the time of the riders' confirmation to ensure the participation of their riders. The accreditation pick-up for a rider cannot be considered as a confirmation of his participation.

Remarks:

- At the time of the riders' confirmation, team managers must present their national outfit to the commissaires.
- Race numbers must be collected at the time stated in the Championships programme. Riders' licences and passports must be submitted to the commissaires panel.
- rider shall ensure that their identification number is visible and legible at all times. The identification number shall be well fixed and may not be folded or altered.
- Please note that training will not be authorised without a number plate.

4.2. TEAM MANAGERS MEETING

Date: Friday, 1 August 2025
Time: 18:00
Location: La Molina Museum
GPS: [Estació esquí la Molina](#)

Attendance is required by:

- UEC MTB Commission President
- Representative of the Local Organising Committee
- UCI and National Commissaires
- Team Managers
- Event Director
- UEC Technical Coordinator

4.3. OFFICIAL INFORMATION

All official information related to the event, Entry Lists, Starting List, Official Results and Official Communiqué will be, in addition to being affixed at the Race Office, published using the following communication channels to which you can add yourself using the links or QR Code at the side:

WHATSAPP :	
TELEGRAM:	https://t.me/+IOf-YhvlioA4OTA0

5. MEDIA

5.1. MEDIA CENTRE

The Media Centre is located in Restaurant El Bosc:
Carrer de la Muntanya Sagrada BAJO
17537 La Molina, Girona

In order to access the Media Centre an accreditation is necessary.
Media accreditation and photographers' bib's can be collected during the opening hours of the media centre.

Please ensure that you collect your accreditation as soon as you arrive onsite as it will be required to access all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

To register as a media press you must do it through the following link:
<https://uec.ch/en/event/263/2025-uec-mtb-downhill-european-championships>

For any further inquire please contact Stefano Bertolotti, UEC Press Officer s.bertolotti@uec.ch or Martin Carles dealing with Media within the organisation cmartin@ocisport.net

MEDIA CENTRE - OPENING HOURS

Thursday, 31.07.2025	08:00 - 18:00
Friday 01 .08.2025	08:00 - 18:00
Saturday, 02.08.2025	08:00 - 18:00
Sunday 03 03.08.2025.	08:00 – 18:00

5.2. MIXED ZONE – FLASH INTERVIEW

At the exit of the course after the finish line, next to the Award Ceremony podium, the UEC will organise for the Media, a Mixed Zone area available for short interviews with riders.

Please note that only UEC OFFICIAL MEDIA (red bib) will be allowed inside the finish area. For all other accredited media, a mixed zone will be available.

5.3. MEDIA ACCREDITATION

To apply for media accreditation, please visit the UEC website <https://uec.ch/en/media>

Media accreditation and photographers' bib's can be collected during the opening hours of the accreditation centre. €50 will be requested for the bib as deposit. It will be refunded when the bib will be returned at the info point

6. PROVISIONAL COMPETITION SCHEDULE

Schedule subject to change depending on the entries.

Thursday 31 July	08:00- 18:00	Accreditation Centre opens
	11:00 – 12:30	Riders Confirmation – Only National Teams
	14:00 – 17:30	Riders Confirmation – all categories
	14:00 - 18:00	On foot course inspection

Friday 1 August	07:30 - 18:00	Accreditation Centre opens
	08:00 - 12:00	Riders confirmation - final confirmation - all categories
	03:00 - 09:45	Official Downhill Training >> GROUP C
	9:45 – 11:30	Official Downhill Training >> GROUP B
	11:30 – 13:30	Official Downhill Training >> GROUP A
	13:30 – 17:00	Riders confirmation – final confirmation - all categories
	13:30 – 14:45	Official Downhill Training >> GROUP C
	14:45 – 16:30	Official Downhill Training >> GROUP B
	16:30 – 18:00	Official Downhill Training >> GROUP A
	18:00	Team Managers Meeting – Museu La Molina

Saturday 2 August	07:30 - 18:00	Accreditation Centre opens
	08:30 - 09:45	Official Downhill Training >> GROUP C
	09:45 - 11:15	Official Downhill Training >> GROUP B
	11:15 - 13:15	Official Downhill Training >> GROUP A
	13:45 -	Seeding round - All Categories
	30 min after finish	On foot course inspection

Sunday 3 August	07:00 – 18:00	Accreditation Centre open
	08:30 – 09:30	Official Downhill Training >> GROUP C
	09:30 – 10:30	Official Downhill Training >> GROUP B
	10:30 - 11:45	Official Downhill Training >> GROUP A
	12:00	Final Downhill European Championships all categories Followed by Awards Ceremonies

GROUP A = Men Elite + Women Elite

GROUP B = Men and Women Junior + Men Master

GROUP C = U15 (Boys & Girls) + U17 (Boys & Girls) + Women Master

7. RACE SPECIFIC REGULATIONS

1. GENERAL RULES

- 1.1 The 2025 UEC MTB DHI European Championships are organised by the Union Européenne de Cyclisme (UEC) in cooperation with Association Bike Dents du Midi.

The technical preparation and coordination will be done by: TBC

Technical Directors: Giorgio BARUFFI (UEC) & Angel Aznar

- 1.2 The event will be organised in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.
- 1.3 The European MTB Championships consist of the following races: Downhill (DHI).

These Championships may be contested by riders entered by their National Federation as a National Team or by riders belonging to an official team.

2. TYPE OF THE EVENT

The participation is open for the following categories:

✓	U15	Men & Women	13-14 years old
✓	U17	Men & Women	15-16 years old
✓	Juniors	Men & Women	17-18 years old
✓	Elite	Men & Women	19+ years old
✓	Masters Men	35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70+	
✓	Masters Women	35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65+	

It is entered on the UCI calendar as a Continental Championships event (UCI CC).

3. PARTICIPATION

Participation – NATIONAL TEAMS

The participation is open for European riders only.

National Federations may enter the following riders free of charge:

- ✓ **Juniors: 3 Women & 3 Men**
- ✓ **Elite: 3 Women & 3 Men**

The National Federations have to register their teams (riders, staff and NF Official Delegates) directly on the UEC website <https://uec.evodata.it/landing/index.php>

Registration opening: Wednesday, 28 May 2025 (12:00 CET)

Registration deadline Thursday 24 July 2025 (23:59 CET)

Riders must compete in their national jersey.

Participation – OTHER RIDERS

Participation is only open to athletes with European sporting nationality

UEC MTB DHI European Championships for the Mens Elite and Mens Junior are open to riders corresponding to one of the following categories and criteria:

A. MEN ELITE

1. Having obtained at least **20** UCI points in the UCI XCO individual reference ranking (*).
2. Riders belonging to a UCI World Series MTB Team or a UCI MTB Team;
3. Reigning National Champions in this category;
4. The National Federations may enter a maximum (in excess of the numbers listed at point 3.1 - Participations NATIONAL TEAM - and paying the entry fee) of **6** supplementary riders per category. These riders must wear national team clothing.

B. MEN JUNIOR

1. Having obtained at least **2** UCI points in the UCI XCO individual reference ranking (*).
2. Riders belonging to a UCI World Series MTB Team or a UCI MTB Team;
3. Reigning National Champions in this category;
4. The National Federations may enter a maximum (in excess of the numbers listed at point 3.1 - Participations NATIONAL TEAM - and paying the entry fee) of **8** supplementary riders per category. These riders must wear national team clothing.

(*) The date of such reference rankings is fixed on 01 July 2025.

The participation is open for European riders only.

Riders who register individually without belonging to any federation must register through the following link.

<https://www.rockthesport.com/en/event/uec-mtb-downhill-european-championships-la-molina-2025>

Registration opening: *Wednesday, 28 May 2025 (12:00 CET)*
Registration deadline *Thursday, 24 July 2025 (23:59 CET)*

* The attention of all registered participants in the MASTERS categories is drawn to the importance, before registration and also before presenting themselves at the licence check, of checking that they meet the requirements defined by the UCI for participating in events on the UCI international masters calendar”

Masters

- * 4.1.009 All riders aged 35 or over who hold a masters licence are allowed to ride mountain bike events on the UCI international masters calendar, apart from:
1. riders who, during the current season starting January 1st, have scored 1 or more UCI points during the same calendar year as a UCI masters event;
 2. riders who during the current year have been a member of a team registered with the UCI.
- (text modified on 1.01.18; 1.01.20, 1.01.21)

Registration price:

REGISTRATION PRICE - DOWNHILL 2025				
	ELITE	JUNIORS	YOUTH	MASTERS
28.05 to 30.06	€ 75	€ 65	€ 55	€ 75
01.07 to 24.07	€ 95	€ 85	€ 75	€ 95

The age of a rider shall be determined by the difference between the year of the event and the year of birth of the rider.

Note: in case of cancellation the entry fee will be refunded except for 10 euro to cover administrative costs

4. TEAM MANAGERS MEETING

The team managers' meeting, organised in accordance with the UCI regulations in the presence of Members of the Commissaries' Panel, is scheduled for all races, all age categories on:

Friday, 1 August 2025

Time: 18:00

Location: Museu la Molina

5. RACES PROCEDURES

Masters (Women and Men)

These categories are doing a seeding run - all riders will qualify for the final - but they must take **the start of** the seeding run;

The results of the seeding run determine the start order in the final, with the slowest rider from the seeding run starting first.

If a rider does not complete the Seeding Run (DNF), he/she will start as the first in his/her category (ahead of the slowest rider who finished the Seeding Run). If several riders from the same category do not finish the Seeding Run, they will start first in order of the Seeding Run start list (between them).

If a biker validly entered in the race does not take the start in the Seeding Run, he/she will be considered DNS and will not be allowed to participate in the Final Run.

Youth categories (Women and Men)

These categories are doing a seeding run - all riders will qualify for the final - but they must take **the start of** the seeding run;

The results of the seeding run determine the start order in the final, with the slowest rider from the seeding run starting first.

If a rider does not complete the Seeding Run (DNF), he/she will start as the first in his/her category (ahead of the slowest rider who finished the Seeding Run). If several riders from the same category do not finish the Seeding Run, they will start first in order of the Seeding Run start list (between them).

If a biker validly entered in the race does not take the start in the Seeding Run, he/she will be considered DNS and will not be allowed to participate in the Final Run.

Juniors and Elite (Women and Men)

These categories are doing a seeding run - all riders will qualify for the final - but they must take **the start** of the seeding run;

The results of the seeding run determine the start order in the final, with the slowest rider from the seeding run starting first.

If a rider does not complete the Seeding Run (DNF), he/she will start as the first in his/her category (ahead of the slowest rider who finished the Seeding Run). If several riders from the same category do not finish the Seeding Run, they will start first in order of the Seeding Run start list (between them).

If a biker validly entered in the race does not take the start in the Seeding Run, he/she will be considered DNS and will not be allowed to participate in the Final Run.

6. AWARDS CEREMONIES

In accordance with articles 1.2.112 and 1.2.113 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony, any interviews organized and the press conference.

Unless otherwise stated, riders shall appear at official ceremonies wearing competition clothing. Riders must present themselves at the podium right after crossing the finish line.

7. POINTS SCALE

For 2024 UEC MTB Downhill European Championships, points will be attributed in accordance with the UCI MTB regulations, Annex 2.

8. AWARDS AND PRIZE MONEY

Jersey and medals

Every European Championship will be awarded with:

The 1st place:	European Champion jersey and Gold medal
The 2nd place:	Silver medal
The 3rd place:	Bronze medal

Prize money list (Amounts in Euro):

Elite:	1 st place	€ 625,00
	2 nd place	€ 375,00
	3 th place	€ 250,00

Juniors:	1 st place	€ 300,00
	2 nd place	€ 170,00
	3 th place	€ 125,00

The prize money will be transferred by the UEC directly to the concerned National Federations by mid-November. Therefore, prize money should be requested to your National Federation in due time.

9. ANTIDOPING

The UCI antidoping regulations are entirely applicable to the event.

10. PENALTIES

The UCI penalty scale is the only one applicable.

11. RESPONSIBILITIES

The organiser and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The organiser and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and UEC officials.